

## Family and Consumer Science

**Course title:** Basic Foods

**School Year:** 2007-2008

**Instructor:** Ms. Deupree

**Course Length:** semester

Email: [mdeupree@movalley.k12.ia.us](mailto:mdeupree@movalley.k12.ia.us)

**Textbook:** Food for Today – 2006

### **Classroom supplies:**

- 3-ring binder to keep notes, handouts, and tests organized. (May use one of my classroom binders)
- Writing utensil
- Paper

**Course Content:** A beginning nutrition and food preparation class. Students will learn nutrition basics, healthy food choices, kitchen basics, and safe handling of foods. Food preparation experiences will be with fruits, vegetables, grain products, dairy products, eggs, ground beef, stir-fries and casseroles, and baked goods.

### **Basis for Grading:**

Quarter grades will consist of:

45% - in-class assignments, quarterly projects, food labs

55% - quizzes and tests

Semester grade is determined by:

40% - Quarter 1 grade

40% - Quarter 2 grade

20% - semester test – 2 part (lab cleanup and written exam)

### **Grading Scale:**

95-100	A	77-79	C
92-94	A-	74-76	C-
89-91	B+	71-73	D+
86-88	B	68-70	D
83-85	B-	65-67	D-
80-82	C+	Below 65	F

*You are expected to follow all rules listed in the Missouri Valley High School Student Handbook.*

**Classroom Guidelines:**

1. DO NOT talk when some else or Ms. Deupree is talking.
2. Sit in your assigned seat daily.
3. Voice volume – low. As in a 2 on a 5 point scale
4. No profanity.
5. You may chew gum UNTIL I find it left in the room.
6. Respect other people’s belongings. If it isn’t yours, leave it alone!
7. Your best behavior is expected whenever a substitute teacher is covering this class. **If not, you will receive 5 detentions from me when I return!**

**Routine Classroom Procedures:**

- When you enter the classroom get your notebook from the shelf by the door.
- Please be seated and ready to work when the bell rings or I return to the room from the hallway.
- Check to see if there is a word or question for the day. If so, record question/word and answer in your notes for the day while I take attendance.
- Add any graded homework to your notebook. There have been times that I have not recorded a grade and the student was able to show me the proof that the work was completed. This notebook is a good organizational tool. Keeping classroom information and chapter tests will help you study for your semester test.

**Absences:**

- YOU are responsible for getting your make-up work.
- Because I am an activity-based teacher, alternative written assignments will be given for missed in class discussions, labs, or cooperative activities.
- If you have an excused absence, you have the same number of days you were gone to make up your work.
- **Late homework WILL NOT be accepted and will be recorded as a zero.**
- Work missed due to an unexcused absence will be recorded as a “0”.

**Hall Passes:**

You will each be given a card with three passes from me at the beginning of each quarter to be used to leave my class. These three passes can be used for the bathroom, locker, or office.

- ✓ It is your responsibility to keep this pass card with you. No second pass sheet will be issued to persons who have lost the original pass sheet.
- ✓ Please fill out the form before asking me to sign it.
- ✓ Any unused passes may be applied to one assignment of your choice for the quarter for extra credit.

Let’s have a great year!

